

## Telling Your Transformation Story: Understanding Progress, Documenting Achievement

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MacColl Institute at  
Group Health Cooperative

# Objectives

- Understand the importance of being able to demonstrate progress
- Provide examples of how sites demonstrate progress and document achievements

# Why report on a set of measures for PCMH Transformation?

- To demonstrate to the Board, leaders, staff, patients & families that great care is being provided in a timely manner
- To identify opportunities for further improvement
- To become recognized as a Medical Home
- To become eligible for additional funding and resources through Meaningful Use, P4P programs, demonstration programs, grants, etc.

# Where to start? Engaged Leadership

- Do administrative and clinical leaders expect data reports on a routine basis?
- Do leaders dedicate resources, including staff to collect data and report measures?
- Does the organization have a systematic approach to access accurate data and produce reports that demonstrate progress towards PCMH?
  - 80% of sites indicated they had an EMR during the application process

# Quality Improvement Strategies

- Formal model of quality improvement
- Establish & monitor metrics to evaluate improvement efforts and outcomes; ensure all staff members understand the metrics for success
- Obtain feedback from patients/families about their healthcare experience
- Ensure that all are involved in improvement activities, including patients and families
- Optimize the use of health information technology

# Example: Measure Set for PCMH

Dimension of Quality	System-Level Measure	Example of System-Level Measure	System-Level Goal
Patient-Centeredness	Patient satisfaction score	% of patients responding “highly satisfied” to “Overall, how satisfied are you with your care?”	70%
	Patient experience score	% of patients responding “My care team gives me exactly the help I want (and need) when I want (and need) it.”	75%
Efficient	Reduce avoidable ED visits	% reduction in % of patients receiving care in the Emergency Dept	5% reduction
	Reduce inpatient admissions/readmissions	% reduction in % of patients w CHF or asthma who had an inpatient stay	5% reduction
Effective	All or none measures for prevention	% of eligible patients who received all recommended preventive cancer screenings: colorectal, cervical, breast, etc.	90%
	Diabetes and hypertension outcome measures	% of eligible diabetes patients who have HbA1c<7%	80%
Timely	Follow-up appointment after hospital within 5 days	% of hypertensive patients who have BP<140/90	85%
	Access to specialty care within 7 days	% of patients who were able to schedule appts within 7 days	95%
	24/7 access	% of appts after 5:00 pm during weekdays and on weekends	25%
Equitable	Assure migrant workers and family members have equal access to care.	% of migrant workers or family members who receive all recommended immunizations	75%

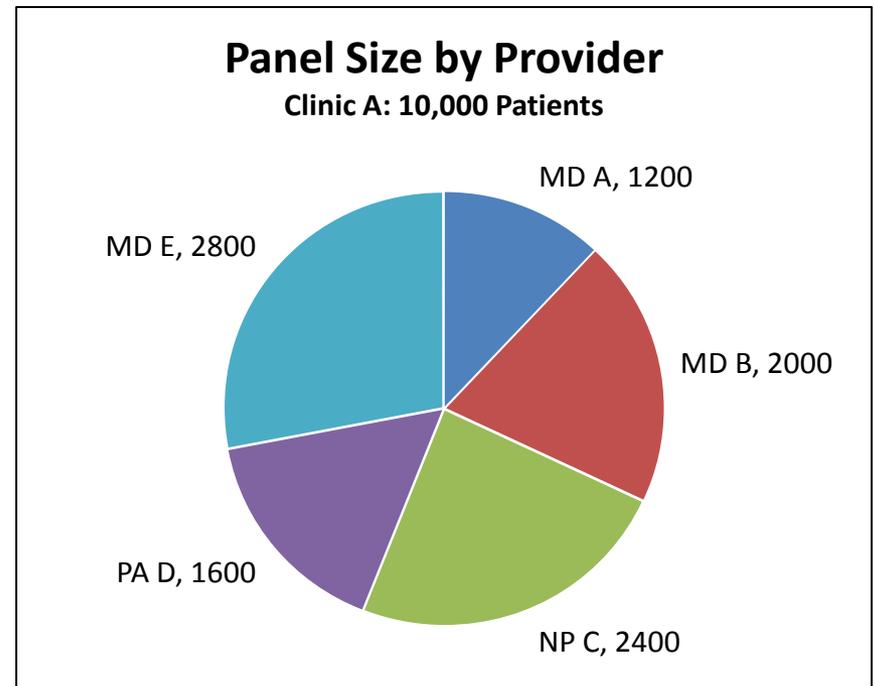
# Minimal Measurement Expectations for the SNMHI

- Six measures in four domains:
  - Clinical Quality (Chronic Care, Prevention & Wellness)
  - Practice Transformation (Continuity, Access, Patient Experience)
  - Provider/Staff Satisfaction
  - Understanding Patterns of Emergency Department Utilization
- Run charts displaying at least quarterly data over time
- Goals documented on run charts

# Empanelment

## Panels Assigned

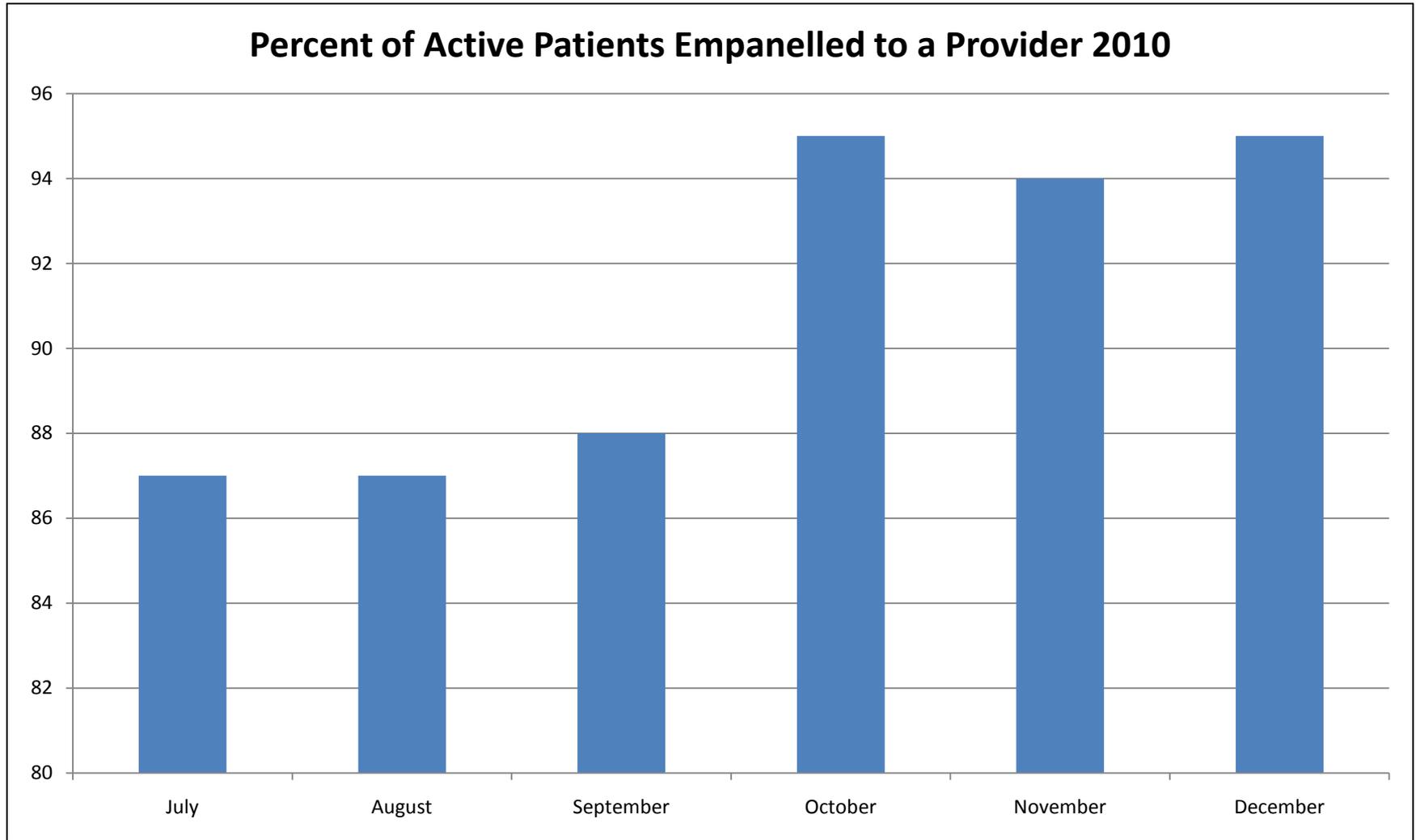
Able to report the distribution of patients that have selected or been assigned to a care team or provider, adjusted for demographics (age, gender, risk) and provider FTE



1. Shah A, Stadtlander M. Building Better Care “Empanelment.” 1<sup>st</sup> ed. Portland, OR; Multnomah County Health Dept, December 2009.
2. Safety Net Medical Home Initiative. Brownlee B, Sirlin S, Virden N, Van Borkulo N. Empanelment Implementation Guide Part 2: Assigning and Managing Panels in the Patient-Centered Medical Home. 1<sup>st</sup> ed. Burton T, ed. Seattle, WA: The MacColl Institute for Healthcare Innovation at the Group Health Research Institute and Qualis Health, February 2011.

**With assistance from Tantau & Associates and the Institute of Healthcare Improvement**

# Outside In

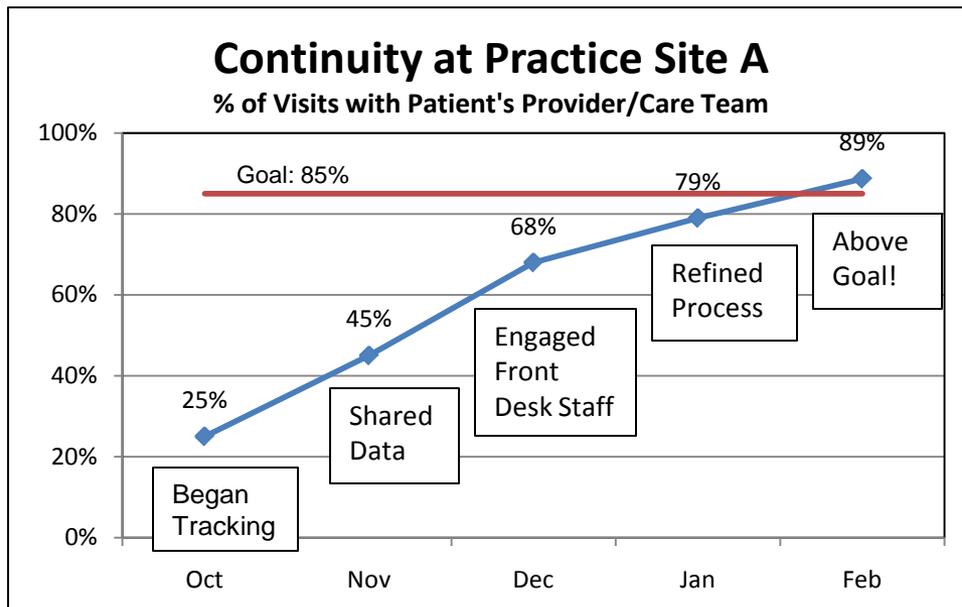


# Continuous, Team-based Healing Relationships

Continuity Tracking Worksheet: February 2011

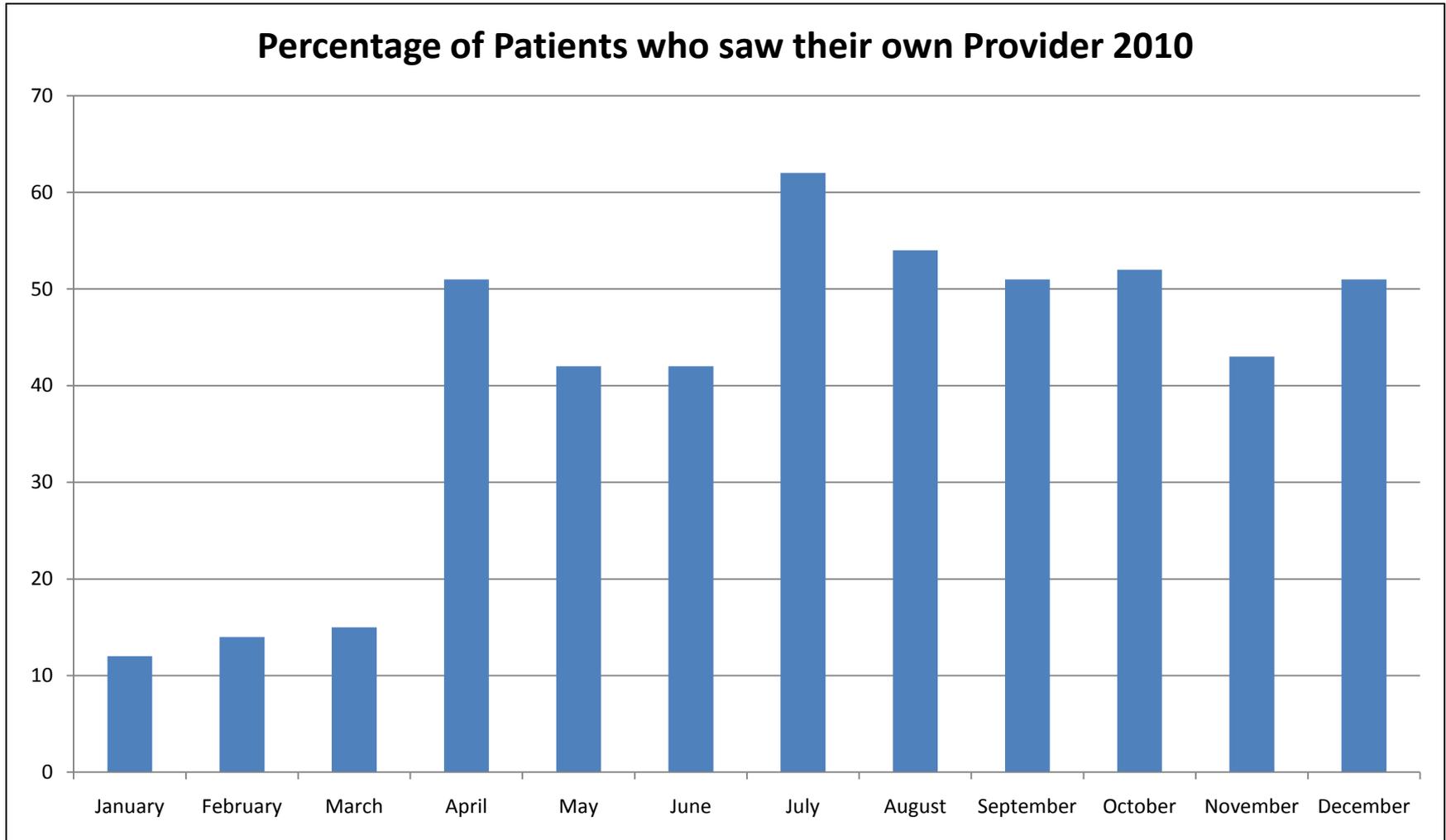
Provider	Total Visits to Primary Care	Patient's Provider Visit		Patient's Team Visit		Continuity by Provider Team		Other Provider or Team Visit		Urgent Care Visit	ED Visit
		#	%	#	%	#	%	#	%	#	#
A	100	75	75%	15	15%	90	90%	10	10%	5	12
B	150	125	83%	10	7%	135	90%	15	10%	50	75
C	200	195	98%	5	3%	200	100%	0	0%	0	0
D	185	100	54%	75	41%	175	95%	10	5%	45	5
E	250	125	50%	60	24%	185	74%	65	26%	25	25
Total	885	620	70%	165	19%	785	89%	100	11%	125	117

Based on July 2010 data submissions, 31 of the 65 sites (nearly 50%) are reporting on a continuity measure.



Safety Net Medical Home Initiative. Coleman K, Reid R. Continuous and Team-Based Healing Relationships Implementation Guide: Improving Patient Care Through Teams. 1st ed. Burton T, ed. Seattle, WA: The MacColl Institute for Healthcare Innovation at the Group Health Research Institute and Qualis Health, June 2010.

# Outside In



# Patient Centered Interactions

## Patient Satisfaction

- Patient Satisfaction Questionnaire (PSQ-18)

## Patient Efficiency

- Average Patient Wait Time
- Survey Question:  
When you visit your doctor's office, how often is it well organized, efficient, and does not waste your time?

## Patient Experience

- PCR Patient Experience of Care Survey
- CAHPS-Ambulatory Care Survey
- [www.howsyourhealth.org](http://www.howsyourhealth.org)
- Walk-arounds or Focus Groups

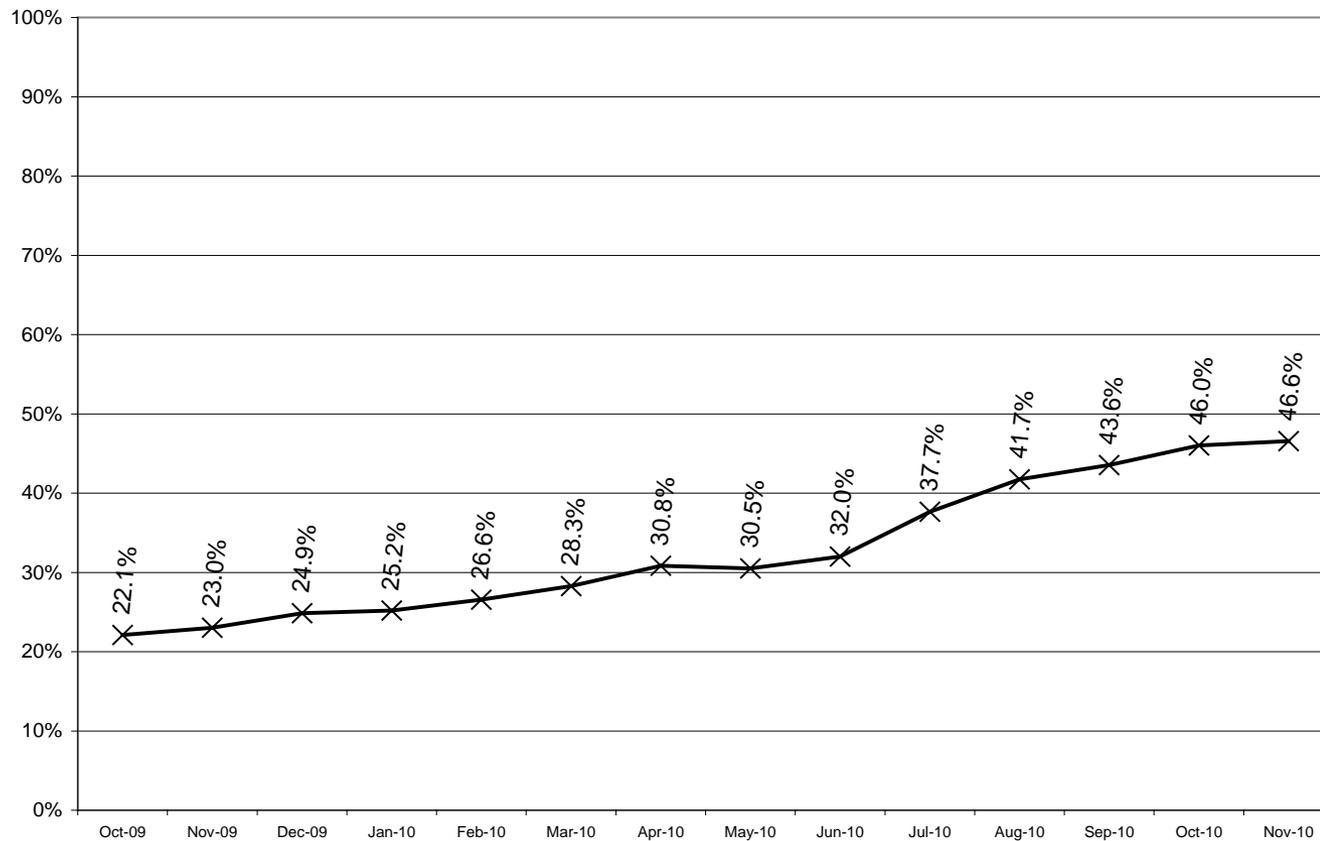
## Patient Activation

- % of patients with a self-mgmt goal
- Patient Activation Measure (PAM) Survey

# Thornton

## Clinica Family Health Services

Thornton Self-Management



## Potential Measures supporting other Change Concepts

### ENHANCED ACCESS

- Measures of telephone access
- Measures of walk-in access/wait times
- 3<sup>rd</sup> next available appointment
- No show rates
- % of patients who had an ED visit during office hours for a non-traumatic event

### ORGANIZED, EVIDENCE-BASED CARE

- Clinical Quality Measures
- Preventive Services Measures

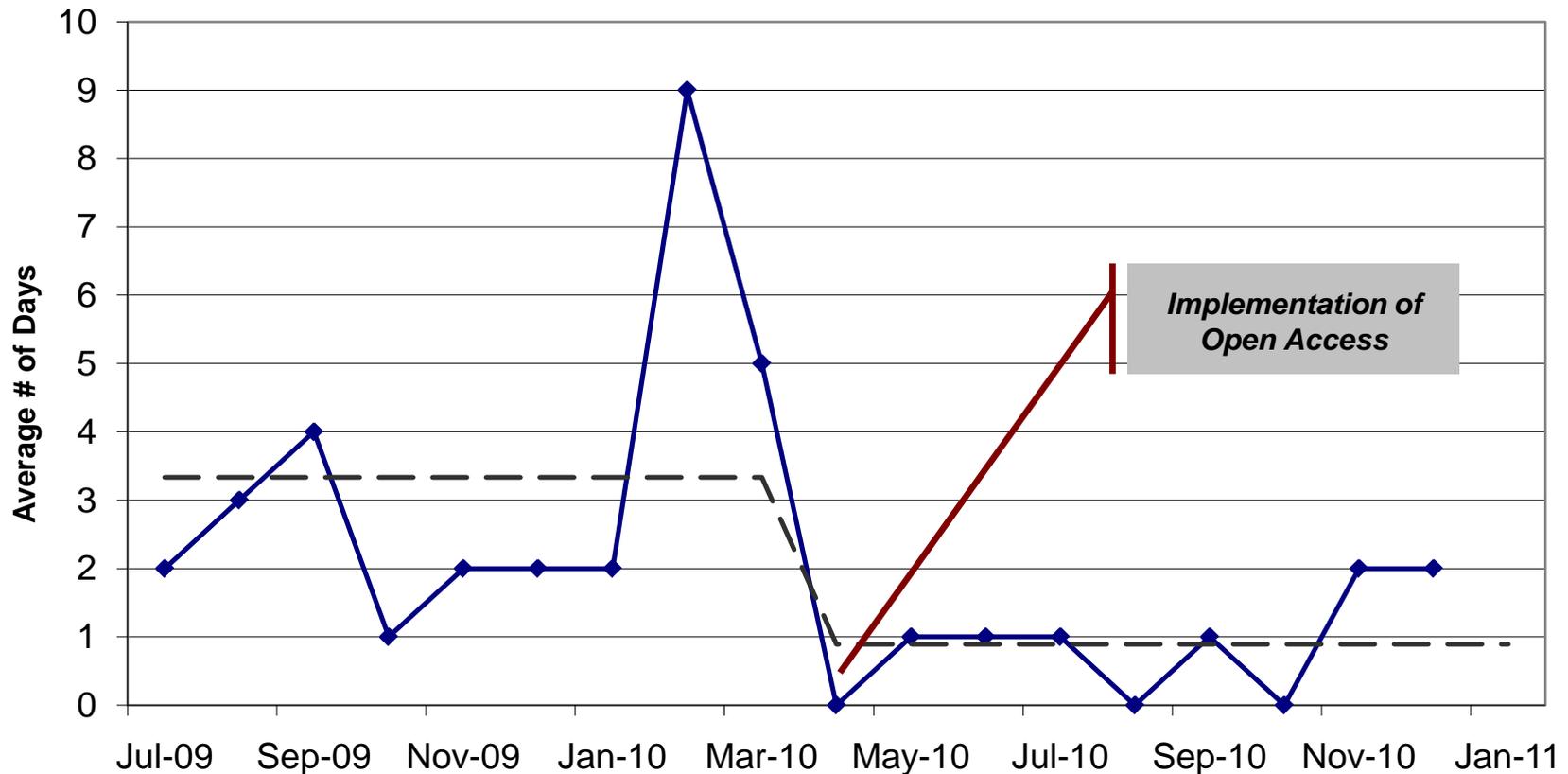
### CARE COORDINATION

- % of patients keeping referred appointments
- % of patients discharged with follow-up by PC team in X days
- % of complete information received from care providers external to the practice site, e.g., hospital, specialty care, community services, etc.
- Avoidable ED visit & inpatient admission / readmission

# Mid County Health Center Multnomah County Health Department

## # Days until 3rd Next Available Appointment - Mid County Health Center

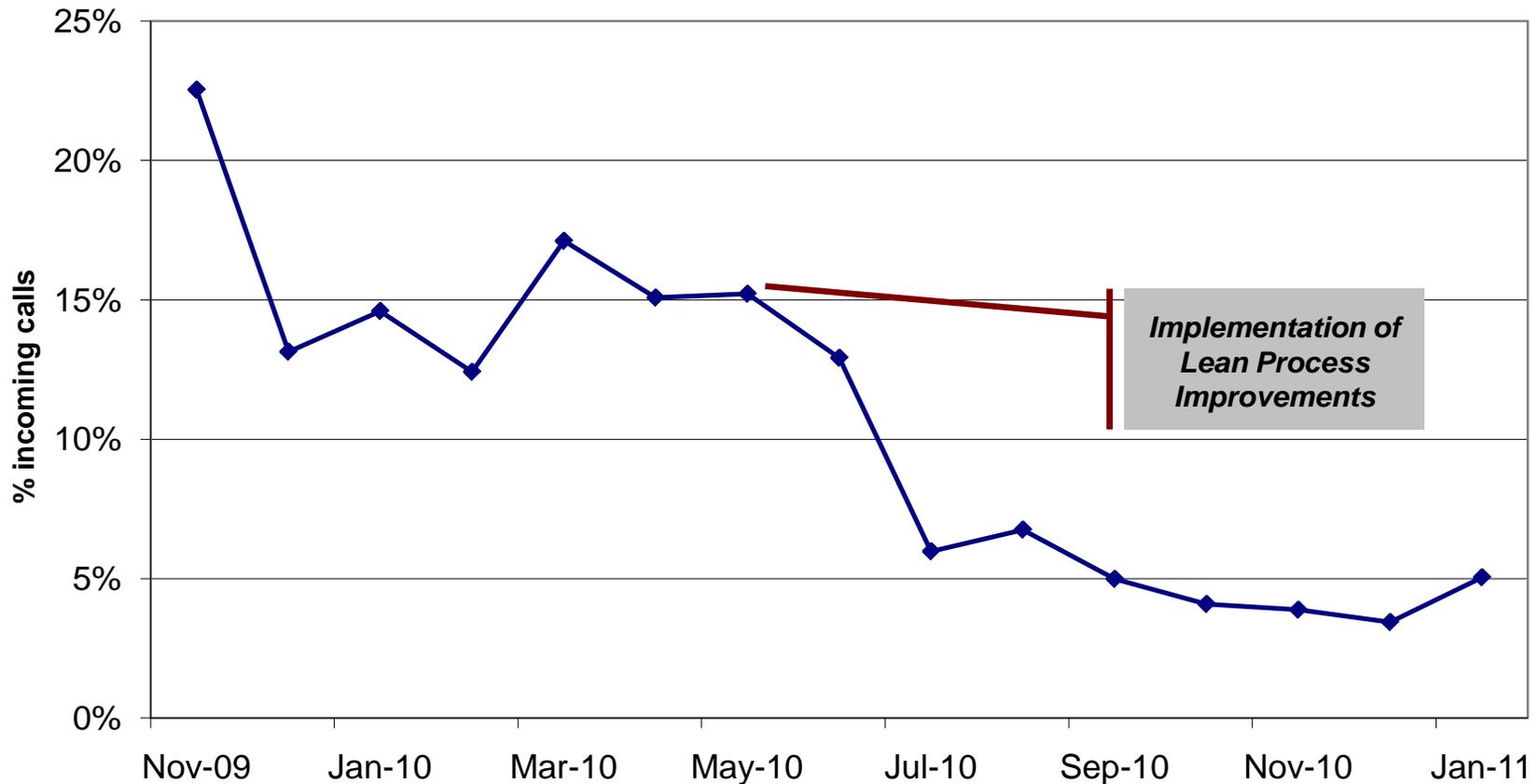
*represents the average # of days until 3 open appointments across all PCP's on Monday morning*



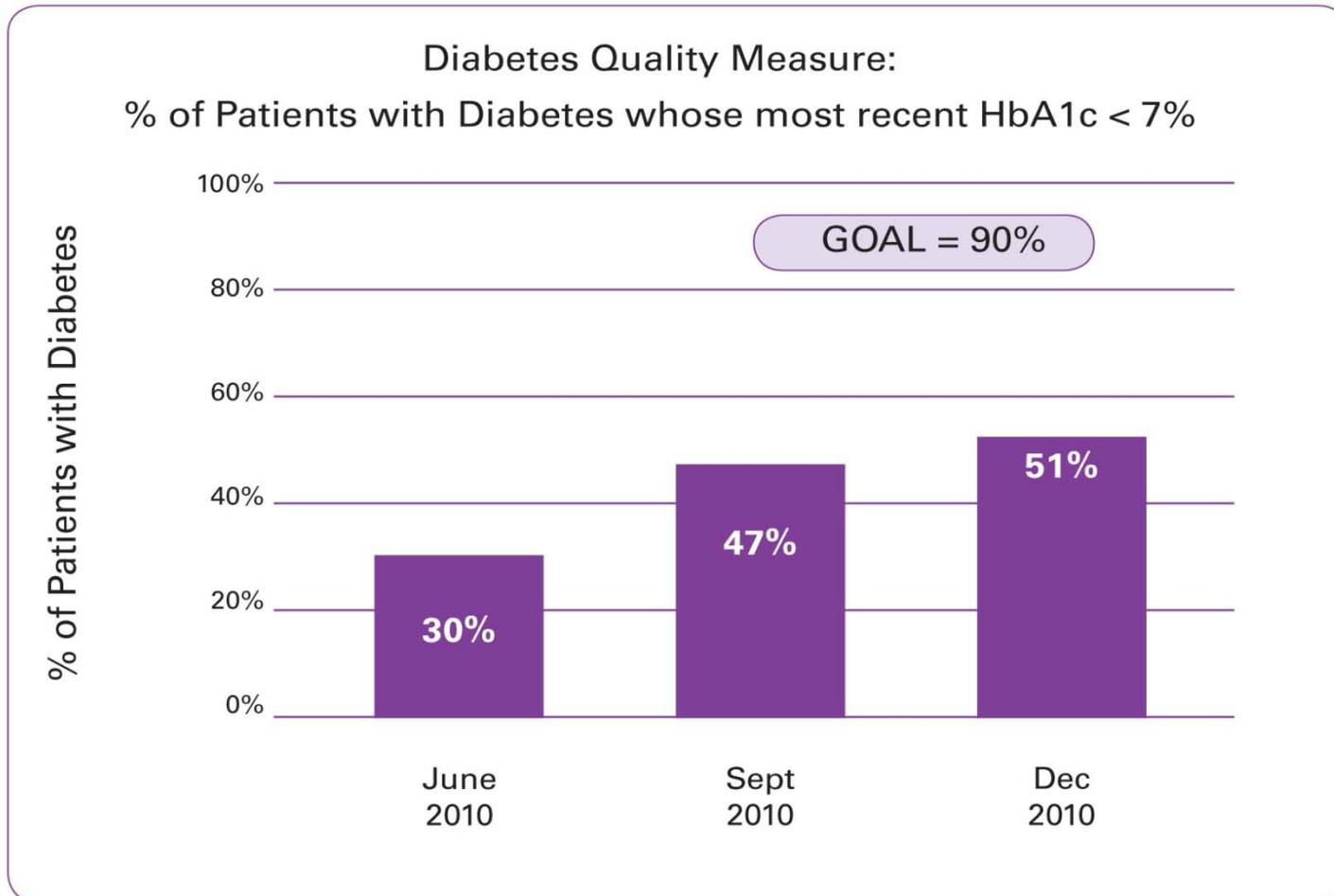
# Mid County Health Center Multnomah County Health Department

## % of Abandoned Telephone Calls - Mid County Health Center

*represents the proportion of calls into the clinic where patients hung up before the call was answered*

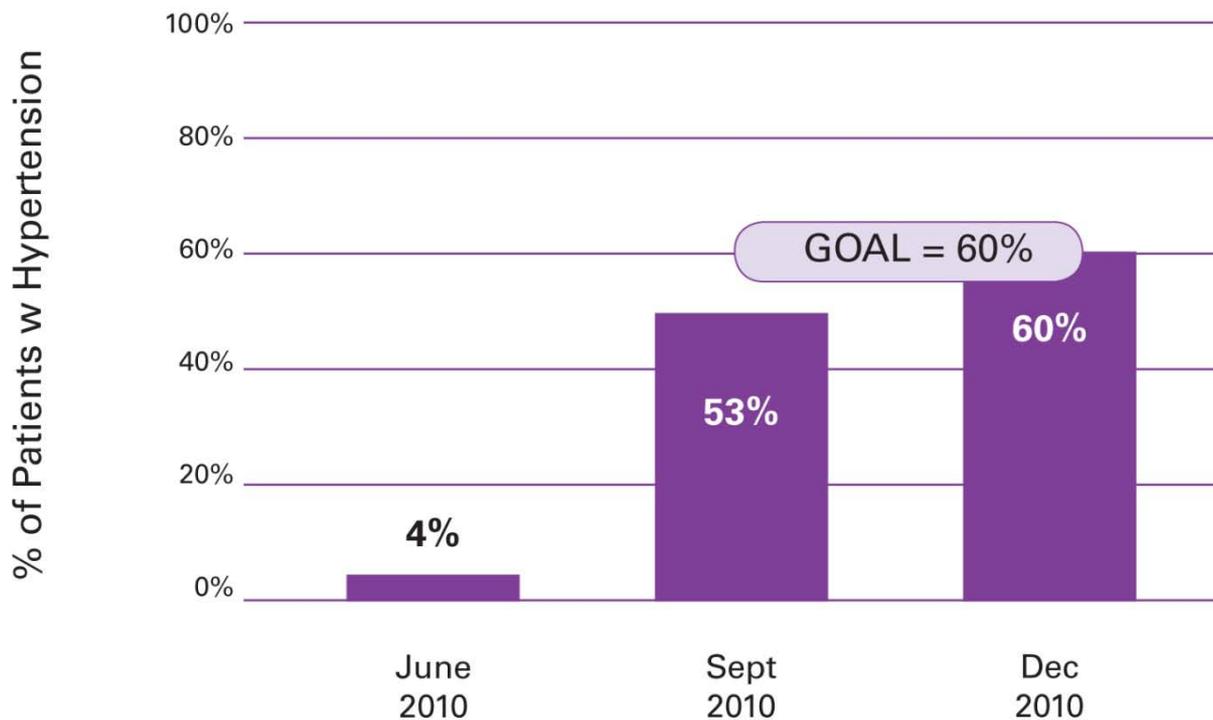


# Northview Heights Northside Christian Health Center



# Northview Heights Northside Christian Health Center

Hypertension Quality Measure:  
% of Patients with a Dx of Hypertension w a Blood Pressure < 140/90



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Data collection & Reporting are not  
enough...

*"You can't fatten a cow by weighing it."*

*—Palestinian Proverb*

New ideas must be continuously tested  
and implemented to transform your  
practice into a  
Patient Centered Medical Home!

# Thank You!



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Group Health Cooperative